



7 STEPS FOR A FABULOUSLY FRESH BATHROOM

Despite your very best efforts, bathrooms are a notorious breeding ground for stale, musty smells... damp towels, damp corners, even damp socks can all contribute to unwanted odours... so here's our quick checklist for keeping your bathroom fresh and fragrant.

1. Keep it clean, especially all the nooks and crannies: they're where dampness can lurk and smells develop. And don't forget to clear and clean your plugholes too.

2. Install an extractor fan and wire it into your light switch, so it's always on when the bathroom is in use. The timer will allow it to run on for a short time after the light is switched off, to really mop-up the condensation and smells.

3. Open your windows for at least 10 minutes every day, especially after a shower or bath. You'll be letting the damp and smells out, plus pulling fresh air in.

4. Wash towels and bath mats regularly to prevent any build-up of bacteria, because it's the bacteria which cause the smells. Why not choose a lingering fabric softener for extra lovely, long-lasting scents?

5. Hang up towels and bath mats to dry immediately after use. They don't need washing every time; simply letting them dry properly will keep the bacteria and mould at bay.

6. Scent your bathroom with reed diffusers or candles. Reed diffusers release a continuous scent; candles create more of an 'occasion', but please remember to blow them out before you leave the room.

7. Add air-purifying plants to your bathroom. Yes; really! Research shows they filter out toxins; and even NASA has concluded they make a difference. And they look good too.